

JULY MENU

Monday	Tuesday	Wednesday	Thursday	Friday
01 Breakfast French Toast Sticks w/ Fresh Fruit V Lunch Hamburger w/ Tater Tots Cooked Carrots Afternoon Snack Cheese Sticks w/ Pepperoni	02 Breakfast Raisin Bran Cereal V Lunch Turkey & Swiss Sandwich Baby Carrots & Fresh Fruit Afternoon Snack Cheez-Its & Fresh Fruit V	03 Breakfast Sun Butter and Banana Pinwheels V Lunch Pepperoni Pizza Garden Salad w/ Ranch & Fresh Fruit Afternoon Snack Nut-Free Trail Mix V	04 CCOA CLOSED FOR JULY 4th	05 Breakfast Corn Flakes w/ Fresh Fruit V Lunch Cheese Enchilada & Corn Casserole w/ Refried Beans V Fresh Fruit Afternoon Snack Tortilla Chips & Salsa V
08 Breakfast Potato, Egg & Cheese Taco V Lunch Chicken Nuggets w/ Mashed Potatoes & Ketchup Cooked Peas Afternoon Snack Orange Jell-O & Pretzels V	09 Breakfast Vanilla Yogurt & Fresh Fruit Graham Crackers V Lunch Grilled Cheese w/ Tomato Soup Fresh Fruit & Vanilla Cookie V Afternoon Snack Graham Crackers V Apple Sauce	10 Breakfast Brown Sugar Oatmeal V Lunch Turkey Meatloaf & Green Beans Fresh Fruit Afternoon Snack Granola Bars V	11 Breakfast Cinnamon Rolls V Lunch Bean & Cheese Tostada V Cooked Corn Fresh Fruit Afternoon Snack Pickle Spears w/ Cheese & Crackers V	12 Breakfast Sausage Biscuit Lunch Spaghetti w/ Meat Sauce Salad Fresh Fruit Afternoon Snack Strawberry Yogurt w/ Fresh Fruit V
15 Breakfast Biscuits & Jelly V Lunch Chili Mac w/ Cooked Carrots Fresh Fruit Afternoon Snack Soft Pretzel Bites V	16 Breakfast Chex Cereal w/ Fresh Fruit V Lunch Ham & Cheese Sub w/ Baby Carrots Fresh Fruit Afternoon Snack Strawberry Yogurt & Fresh Fruit V	17 Breakfast Bean & Cheese Taco V Lunch Cheese Pizza w/ Salad V Fresh Fruit Afternoon Snack Teddy Grahams & Sugar-Free Chocolate Pudding V	18 Breakfast Scrambled Eggs & Sausage Tacos Lunch BBQ Chicken Sliders Potato Chips & Fresh Fruit Baby Carrots Afternoon Snack Sun Butter & Apple Slices V	19 Breakfast Cinnamon Toast w/ Fresh Fruit V Lunch Steak Fingers w/ Mashed Potatoes & Ketchup Fresh Fruit Afternoon Snack Hard Boiled Eggs & Saltine Crackers V
22 Breakfast Rice Crispy Cereal V Lunch Penne Pasta Alfredo V Cooked Peas & Fresh Fruit Afternoon Snack Nut-Free Trail Mix V	23 Breakfast Peach Oatmeal V Lunch Chicken Noodle Soup with Vegetables Saltine Crackers Oatmeal Cookie & Fresh Fruit Afternoon Snack Fruit Cocktail & Graham Crackers V	24 Breakfast Bagels w/ Cream Cheese V Lunch Cheese Ravioli w/ Marinara Cooked Green Beans V Fresh Fruit Afternoon Snack Banana Pudding & Vanilla Wafers V	25 Breakfast Pancakes w/ Fresh Fruit V Lunch Chicken Broccoli Casserole Side Salad & Fresh Fruit Afternoon Snack Half Sun Butter & Jelly Sandwich V	26 Breakfast Cheerios & Fresh Fruit V Lunch Ground Turkey & Cheese Soft Tacos Refried Beans Fresh Fruit Afternoon Snack Red Bell Peppers & Carrots w/ Ranch V
29 Breakfast French Toast Sticks w/ Fresh Fruit V Lunch Hamburger w/ Tater Tots Cooked Carrots Afternoon Snack Cheese Sticks w/ Pepperoni	30 Breakfast Raisin Bran Cereal V Lunch Turkey & Swiss Sandwich Baby Carrots & Fresh Fruit Afternoon Snack Cheez-Its & Fresh Fruit V	31 Breakfast Sun Butter and Banana Pinwheels V Lunch Pepperoni Pizza Garden Salad w/ Ranch & Fresh Fruit Afternoon Snack Nut-Free Trail Mix V		

Milk is offered with morning snack and lunch. Toddlers enjoy whole milk. Children over the age of 2 enjoy 1% milk.

Water is offered at every meal and throughout the day.

Infants and toddlers will receive apple sauce in lieu of apple slices and cooked carrots in lieu of raw carrots.

***Fruit is seasonal and subject to change.

**All items/ options on our menu are nut free.